

Sex Education Pre/Post Test 2016

Name: _____ Date: _____ (One point for each correct answer)

1. What starts puberty in boys and girls, changing them into grown-ups?
 Thinking about sex makes their bodies develop.
 They see sexy advertisements, movies, TV shows, and stuff on the Internet.
 The pituitary gland in the brain sends signals that release hormones.
2. What is the most important event of puberty for a girl (after this she can get pregnant)?
 She gets taller and her breasts begin to develop.
 Hair grows under her arms and around her genitals.
 She has her first period.
3. What is the most important event of puberty for a boy (after this he can get a female pregnant)?
 His voice gets deeper.
 He first ejaculates semen from his penis.
 He grows hair under his arms and around his genitals.
4. Write **False** by the one that is **not true**:
 On average, girls enter puberty a year earlier than boys.
 All kids enter puberty at exactly the same age.
 It is normal to enter puberty any time between the ages of 8 and 16.
 If you haven't entered puberty by the time you are 17, you should see a doctor.
5. Which of these is **true** about a girl or a woman who is menstruating (having a period)?
 Something is wrong with her body and she needs to get to a hospital to keep from bleeding to death.
 It is a normal cycle in which blood and tissue lining the uterus come slowly out of her body.
 She just had sexual intercourse with someone.
6. How often do females who have reached puberty have a period? About once a: week month year
7. A female's menstrual fluid comes out through her: vagina urethra anus
8. When a girl or woman is having her period:
 She cannot take part in gym or any other physical activities.
 Everyone can tell she has her period from the way she looks and acts.
 She can do normal activities and no one needs to know her private business.
9. It is normal for a male's penis to become erect (hard):
 several times a day, including in his sleep.
 only when he has sexual intercourse with his wife.
 about once a month.
10. After reaching puberty, people can have a very powerful climax of sexual pleasure. What is this called?
sneeze orgasm laugh cry sigh tickle cough
11. When a male ejaculates, about how many sperms are in the semen that comes out of his penis?
1 1,000 300,000,000
12. Men and teenage boys who have wet dreams: are normal, just like other males.
 are sex maniacs who need to see a psychiatrist.
 are like babies who wet their beds.
13. People who have sexual thoughts about other people are: nasty and sick
 normal, just like everyone else
 in need of more exercise

14. Write **False** by the one that is not true about masturbation (self-pleasuring):
- Masturbation is rubbing one's own penis (male) or clitoris (female) until one has an orgasm.
 - Most people masturbate regularly at certain points in their lives to release built-up sexual desire.
 - Some people choose not to masturbate.
 - Some religions teach that masturbation is wrong.
 - Doctors say that masturbation is normal and does not hurt a person.
 - Masturbation is a very private subject and most people are embarrassed to talk about it.
 - People who masturbate are sick and nasty; it gives them pimples and makes hair grow on their palms.
15. How long does it take for a (human) baby to develop from when the sperm reaches the egg to the time of birth?
- nine days
 nine weeks
 nine months
 nine years
16. If a male and female have sexual relations, in which of these situations could the female get pregnant?
- If it is the first time she has had sexual intercourse.
 - If it is during her menstrual period.
 - If she and her partner have sexual intercourse standing up.
 - If she does not have an orgasm.
 - If her partner pulls his penis out of the vagina before he ejaculates.
 - If her partner never puts his penis into her vagina, but ejaculates semen just outside her vagina.
 - If she jumps up and down right after having intercourse.
 - If she urinates (pees) right after having intercourse.
 - If she douches (washes out her vagina) right after having sexual intercourse.
 - If she is showing signs of puberty and is close to having her first period.
17. The only 100% sure way of not getting pregnant is:
- The Pill
 Condom
 Rhythm Method
 Diaphragm
 Not having sexual intercourse
 Morning after pill
 Withdrawal
 I.U.D.
18. What is the one form of birth control that can stop the spread of H.I.V. and other sexual infections?
- The Pill
 Condom
 I.U.D.
 Morning after pill
 Withdrawal
 Rhythm Method
 Diaphragm
19. Which three items on this list are crimes for which a person can be locked up in jail?
- Being a homosexual
 - Sexually abusing a child
 - Falling in love
 - Rape
 - Having sexual intercourse with one's own husband or wife
 - A boy or man having sexual intercourse with a girl under 17
 - Masturbating
 - Having sexual thoughts about another person
20. Which three items would be good advice for a friend who is being sexually abused?
- Tell the abuser to STOP it and do everything you can to get away.
 - Allow the sexual abuse to continue; it won't hurt you.
 - Report the abuser to a parent or another grown-up who can stop it.
 - Keep it a secret; don't tell anyone.
 - Get counseling so you can talk about your feelings about being abused.
21. Check the true one(s):
- A homosexual is a person sexually attracted to people of the same sex.
 - You can always tell if a person is gay from the way he or she acts.
 - If someone of the same sex touches your private parts, it will make you gay.
 - If you think or dream about sex with someone of the same sex, you're gay.
 - Most gay people don't know they are gay until their teen years.
22. Write **False** by one that is not true:
- HIV/AIDS is a deadly disease for which scientists are seeking a cure.
 - HIV/AIDS has spread mainly by sexual contact, sharing drug needles.
 - Only homosexuals and needle drug users get HIV/AIDS
23. What way(s) can a person get HIV?
- kissing a person who has the disease
 - hugging a person who has the disease
 - getting certain body fluids from an infected person into their bloodstream
 - sitting on a toilet seat that a person with the disease just sat on
 - being sneezed on by a person who has the disease

Male Reproductive System

Scrotum - the skin pouch that holds the two testicles

Testicles - two glands that make sperm

Vas deferens - tubes that carry sperm from the testicles to the prostate

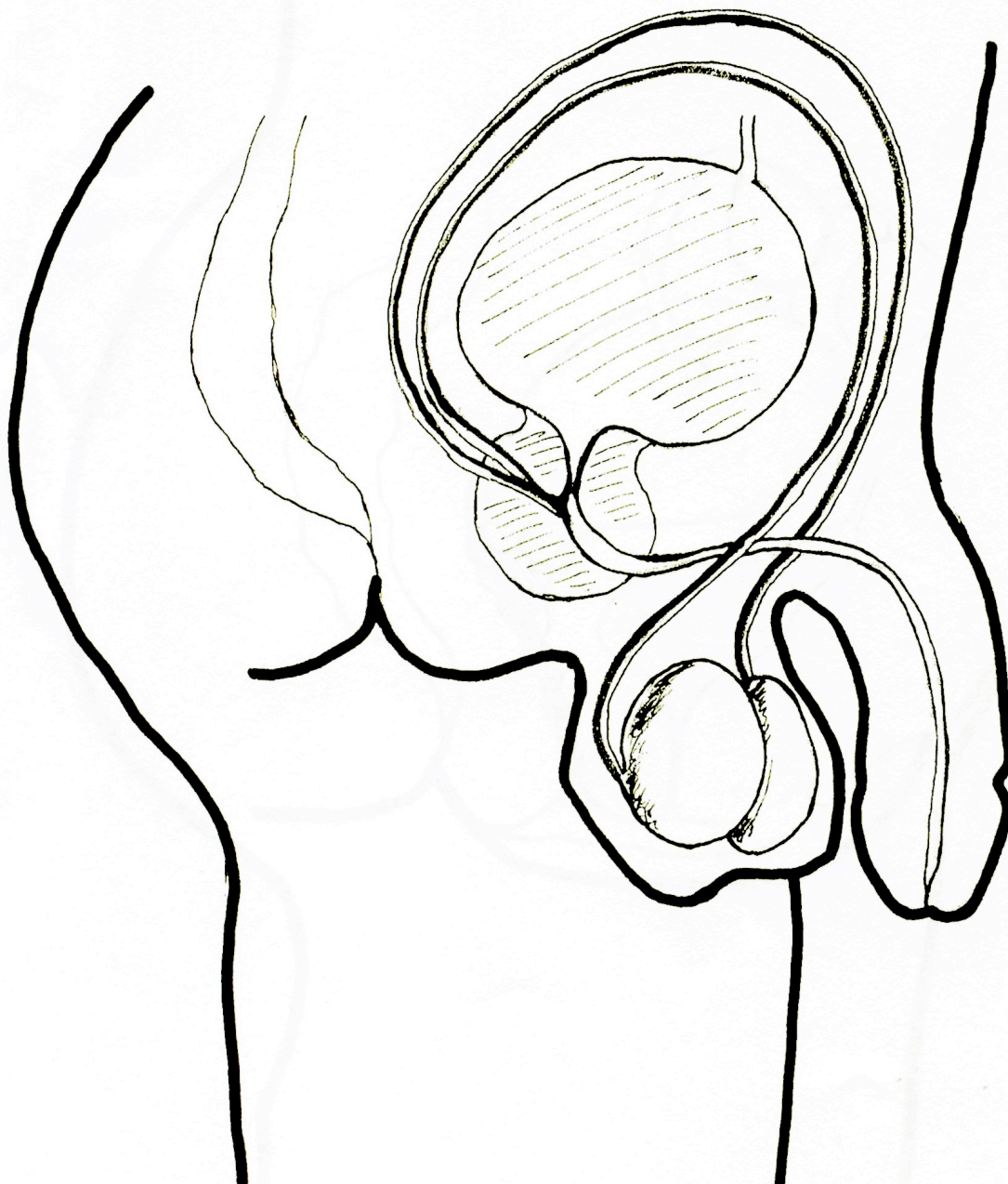
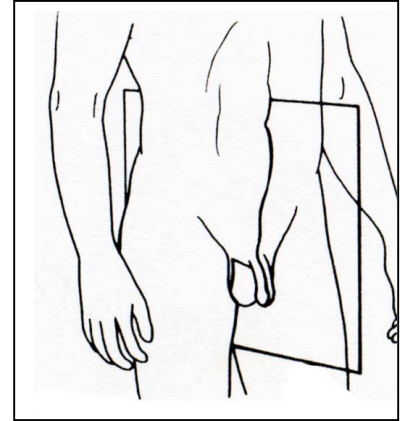
Prostate - a gland that mixes sperm with seminal fluid

Penis - the sexually sensitive organ that passes urine and semen

Bladder - the sac that holds urine until it is eliminated

Urethra - the tube that carries urine and semen out through the penis

Anus - the opening through which bowel movements leave the body



Female Reproductive System

Ovaries - two glands where the egg cells (ova) are stored

Fallopian tubes - two tubes that carry egg cells from ovaries to uterus

Uterus - the place where a baby grows until it is born

Vagina - the passageway between the uterus and the outside

Bladder - the sac that stores urine until it is eliminated

Urethra - the tube that carries urine from the bladder out of the body

Clitoris - the small, sexually-sensitive organ in front of the urethra

Labia - folds of skin that protect the vagina, urethra, and clitoris

Anus - the opening through which bowel movements leave the body

